



HR0262

LRB096 12204 GRL 24732 r

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HOUSE RESOLUTION

2 WHEREAS, According to statistics from the Center for
3 Disease Control and Prevention, two-thirds of American adults
4 are overweight or obese; the rates of obesity have doubled in
5 children and tripled in teens since 1980 and 24.9% of
6 Illinoisans are considered obese; and

7 WHEREAS, Obesity increases the risk of diabetes, heart
8 disease, stroke, and other health problems; and

9 WHEREAS, Over the past two decades, there has been a
10 significant increase in the number of meals prepared and eaten
11 outside the home and eaten at restaurants and other
12 food-service establishments; and

13 WHEREAS, The Nutrition Labeling and Education Act (NLEA)
14 was established in 1990; NLEA set a national standard for
15 nutrition labeling in packaged foods and beverages and has been
16 credited with helping consumers make healthier food choices
17 when shopping for food or eating at home; and

18 WHEREAS, The LEAN Act is molded after the NLEA; the act
19 requires restaurants and other food service establishments
20 that serve prepared foods and have 20 or more locations to
21 disclose in writing the calories contained in each menu item

1 directly on the menu, menu board, or in designated alternative
2 ways, such as a menu insert or a sign directly next to the menu
3 board; and

4 WHEREAS, The LEAN Act would require information regarding
5 calories, total fat, cholesterol, total carbohydrates, dietary
6 fiber, calories from fat, saturated fat, sodium, sugars, and
7 protein to be disclosed in all chain restaurants with more than
8 20 locations; and

9 WHEREAS, The LEAN Act would provide for uniform nutritional
10 disclosure practices for affected establishments and resolves
11 problems emerging from a complex patchwork or inconsistent
12 State and local regulations; and

13 WHEREAS, The LEAN Act would require the presentation of the
14 calories and the nutritional information through a range of
15 options; calorie disclosure will be required on menu boards,
16 wall signs, or queue signs for quick serve establishments
17 and/or menu placement, menu inserts, or menu appendix for
18 seated establishments; therefore, be it

19 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE
20 NINETY-SIXTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that we
21 urge the United States Congress to pass a national standard for
22 nutritional menu labeling in chain restaurants; and be it

1 further

2 RESOLVED, That suitable copies of this resolution be
3 presented to the members of the Illinois congressional
4 delegation.